Global Warming: Truth or Fallacy?, April 12th, 2:00pm, A
Global Warming comes with facts, but also unexplained theories that some feel are unsupported by scientific evidence. Is the threat real or is it used as a political propaganda? Join resident, Bill Martin, for an interesting discussion on the evidence of global warming and what the current research is predicting about the changes in overall global temperature.

Helen is a long time artist and certified in the art of Folk Art One Stroke. In her class, she will take persons of all levels and stages of art and teach new ways of simple brush stroke and how to use brushes for shading and design of masterpieces with little effort! All materials will be supplied to class and class will meet on a weekly basis. This class meets in the Color Me Calm room on the first floor of the Pelican Tower next to the elevators.

Watermark University Faculty and Volunteer Opportunities: Residents and Families are encouraged to share their passion through teaching a Watermark University Course. Besides being good for you, keeping your brain and body active and engaged doesn’t just improve your life – it’s a whole lot of fun! Call Melissa in Community Life at Ext. 4155 for more information on how to become a Watermark University faculty member.

May April Rain Bring Enough Flower Power for Peace, Love, and the Easter Bunny!

Hey all you chicks and dudes, this party is just for you! Grab your love beads & your old forty-fives and be sure to dust off your bell bottoms for a party that jives. Let’s recall good times and make memories that last with a blast from the past! This Earth Day, let’s celebrate in true Flower Power form with 70’s style clothing, tie-dye shirts, and flowers in your hair. Join us to make your tie-dye shirts on April 20th at 11am in the Courtyard to be ready to wear for the Flower Power Hippie Hour Party on April 22nd at 6:30pm. We’ll be groovin’ to the far out music of the one and only dynamite guy, John Hubbs, and chowin’ down on some radical grub and drinks to boot. It’s goin’ to be a slammin’ party!

Spring has sprung, and new life has begun! Join us to Spring into Easter with an Easter Parade and Egg Hunt, and don’t forget to invite the family! The kids, and adults if they’d like, can find the hidden eggs to fill their baskets while enjoying delicious lemonade, homemade Easter cookies and basking in the beauty of spring. There will be music, games and our favorite Girl Scouts! What better way to spend Saturday the 15th from 1:00pm-3:00pm than with your Fountains’ Family, and our local Easter Bunny, who will be available for pictures after the parade. It’s guaranteed to be a hoppy & fun time!
Path to Well-Being

Health Tips from BAYADA
How to Prevent Urinary Tract Infections:

1. Drink Water – Half your body weight in ounces OR Eight 8 oz glasses a day; caffeinated and alcoholic beverages do not count.

2. Good Hygiene – Wipe from front to back after urinating or bowel movements

3. Stay Dry – Change soiled garments as soon as possible

4. Keep Basic – Avoid deodorant sprays or powders in genital area which can be an irritant

WHAT’S HAPPENING

BAYADA Wellness Talk & Walker Training - Wed, 4/5 & Thurs, 4/27, 2pm, A
Did you know that 1 in 3 older Americans falls every year? Falls are the leading cause of both fatal and nonfatal injuries for people aged 65+. The good news about falls is that most of them can be prevented. Our Bayada nurses will explain important information to help you prevent falls as well as conduct training on how to properly use a walker.

Two Chefs - Thursday, 4/13, 2pm, A
They say April showers bring May flowers, but here on Boca Ciega Bay, they bring a fantastic Two Chefs menu! Put on your rain boots and dust off those umbrellas and join us as we go singin’ in the rain! The Chefs will have a springtime menu that will keep the wet-weather blues away with fresh flavors that will invigorate your spring time senses and have you feeling April fresh, just as your taste buds bloom!

Pajama Day - Wed, 4/19, 2pm, A - 3:30pm & 5:30pm, LR
It’s the day after taxes are officially due, and who really wants to get dressed? We don’t! Join us on National Pajama Day in your PJ’s for games and refreshments at 5:30pm for more fun!

Remembering the Holocaust: Survivor Mary Wygodski Shares Her Story - Wed, 4/26, 2pm, A
Mary Wygodski was born in Lithuania (part of Poland at the time) where she lived with her family until the arrival of the Germans in 1941. Her family was split up leaving Mary to endure forced labor in a number of concentration camp, each one with a new tragedy, unbearable working conditions, and poor food. As the only member of her family to survive the Holocaust, Mary has made it her mission to share her story so more people can understand the atrocities experienced during that time.

Gibbs High School Special Needs Talent Show - Fri, 4/28, 11am, A
While the arts are important for all students, it’s crucial for those with special needs. Artistic activities directly exercise and strengthen the cognitive and physical skills that generally challenge special needs children. Gibbs High School is known for their impressive performing arts program and their special needs students are excited to show off their talents.

Employee of the Month

An asset to the community since August 2016, Machita Crump is well deserving of this award of Employee of the Month. Not only is she hardworking & self-initiating, but she does her job with grace and always with a smile! And when we need someone to get the job done, she’s our woman! Machita started working as a Front Desk Concierge in the evenings, and when the Dining Services Department needed a helping hand, she quickly offered her hand and picked up the duties quickly. Machita continues to impress her team, residents and visitors, and we only see her continuing to do so. She is now a familiar face in the Sea Breeze Café and we couldn’t be happier!

International Women’s Day is a global day celebrating the social, economic, cultural and political achievements of women. Observed since the early 1900’s – a time of great expansion and turbulence in the industrialized world that saw booming population growth and the rise of radical ideologies, International Women’s Day is a collective day of global celebration.

At The Fountains at Boca Ciega Bay, we decided we would celebrate International Women’s Day closer to home by supporting women in our local community. 1 in 3 women face domestic abuse violence and it can take an average of 35 violent episodes before a police report is filed and even longer before they’ve worked up the courage to leave. We chose to assist these women who have been victims of domestic abuse who fled those situations with their children and are now trying to rebuild their lives through the assistance of The Haven at RCS Shelter. Most of these women left with only a backpack and not much else. So our Community Life Department, along with residents and associates, collected over $200 worth of supplies (toiletries, baby food, feminine products, etc.) to donate in addition to clothing, bags, and other supplies. Our residents gathered together to pack all of the bags to be delivered and we took our bus to the shelter to unload. Once all of our donations were on a cart, they weighed in at 132 pounds! We couldn’t think of a better way to celebrate women and we are so proud of all who took their time to support this cause.

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On Passover, there will be a special Seder with host, Wendy Levine, in the Conference Room at 5:30pm. On Easter, there will be a special brunch in both dining rooms. For non-residents that wish to attend either event, meal cost is $20/person. Please call 7106 to RSVP.

Spring is officially here and that means a rise in temperature and time to change up our style. The change in season is a wonderful opportunity for us to sift and purge our closets of old, unused clothing to make room for new items. We’re excited to announce that the Fountains will be partnering with Bonworth to host a Spring Cleaning Fashion Show on Friday, April 14th at 2pm! Clean out those closets of all the old clothing you haven’t worn in years and join your friends and neighbors in the Auditorium to preview styles coming to Bonworth and even purchase what’s modeled. The clothes you bring to the fashion show will be donated to women who are in desperate need of quality clothing. If you’re interested in taking part in the fashion show as a model, please call Community Life at ext. 4107 by April 5th.

Out and About

Hop on the bus and join us as we explore different restaurants and exciting places around the area. If you’d like to attend any of these outings, please call ext. 4108 or sign up in the Community Life Book in the Inn Living Room. If you are unable to attend an outing that you have signed up for, please call ext. 4108 to cancel. All sign ups and cancellations must be made by 3pm of the day prior to an outing.

Outings
4/3 St. Pete Beach Library Presents Radio Episodes, 5:45pm
4/5 Stained Glass Window Tour & Organ Concert at United Methodist Church & Lunch, 10:15am
4/6 Publix, Dollar Tree & Bank, 1:30pm
4/7 Breakfast on Anna Maria Island, 8:00am
4/12 Sunset Stroll on the Beach, 5:30pm
4/14 Picnic & Stroll at Botanical Gardens, 10:00am
4/20 Dolphin’s Landing Boat Tour, 2:00pm
4/21 Book Buddies at Temple Beth-El, 9:30am
4/21 St. Pete Museum of History: Schrader’s Little Cooperstown, 1:30pm
4/24 Games in the Park, 1:30pm
4/26 Lunch at Red Lobster, 10:30am - $8
4/27 Hospice 100 Year Old Birthday Celebration, 12:00pm - Invitation Only

March was certainly the best kind of madness! We started the month with a visit to a local Domestic Abuse Shelter to donate items, and closed the month with a wonderful BBQ with our Inn Residents and families. In between, we were busy bees! Taking a tour of Dunedin’s History Museum and eating a festive lunch at Casa Tina’s, only to surprise one of the residents with a birthday song was the greatest end to a trip we could ask for. We had a rivaling good game of balloon volleyball on opening day of March Madness and placed our bets at Hard Rock Casino. But the true adventure landed on St. Patrick’s Day, when our feet couldn’t stop the dancing and the laughter never left!

Want to see more pictures the Community Life department takes at each event? Make sure to check out our Fountains website and The Fountains at Boca Ciega Bay FaceBook page for weekly updates on all of the exciting activities we have going on! See a picture you like? Stop by the Community Life office and we’d happy to print a copy for you and your family.
**SUNDAY**

Community Life is looking to start a new bridge club, Pinochle, and Canasta club. Would you play those games and are looking to have a set time on the calendar or if you need a group to play with, please call Lisa at Ext. 4107.

**MONDAY**

Do you have a collection of items pertaining to a hobby, a holiday or a particular interest or theme coming up? Would you have your collection displayed in our display cabinet in the lobby? Contact Community Life to work out the details and showcase your beautiful collections!

**TUESDAY**

Please join our Community Life EZ Speak on the first Tuesday of the month with your suggestions for activities, outings, and movies. Your voice and we want to hear it.

**WEDNESDAY**

Watermark University Courses are designed in "Fountains Blue for Your Convenience.

**THURSDAY**

Movies are shown daily at 2:00 and 6:30 p.m. in the Movie Theater. The movie synopsis book in the Lobby to see what the movie is about each day.

**FRIDAY**

A new Watermark University Course Catalog is coming! Do you have an interest in creating your own movie or hobby or life event such as a trip or experience that you would like to share with the Community? See Community Life to become our newest Watermark University Faculty Member!

**SATURDAY**

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**APRIL 2017**

**MONDAY**

8:30 Grocery Shuttle, LR
9:30 Music & Movement Monday, LR
10:00 Tender Touch with Dinane, A
10:30 Wii Bowling for Fun, F
12:00 Poker, F
1:00 Water Aerobics, P
1:00 Crossword Puzzles, A
2:00 Rummy Q. Ap, 2105
3:00 Bingo with Eric, L
4:45 Piano with Eric, LR

**TUESDAY**

4:45 Mall Shuttle, LR
9:30 Tune Up Tuesdays, LR
10:00 Morning Energy with Y, A
10:30 Painting 101, Apt. 2105
11:00 Boca Boats Team Practice, F
12:00 Poker, F
5:00 Learn to Paint with Helen, CMC

**WEDNESDAY**

5:00 Bingo, LR
6:30 Canasta, APT. 2105
6:30 Flower Power Hippy Hour Party, A
6:30 Saturday Evening with Steve Walker, A
7:00 Soft Touch and Massage with Judy, LR
8:00 Breakfast on Anna Maria Island, O
10:00 Men's Club Luncheon - Fried Chicken, F
11:00 Volunteer Brunch, KWDR - Invitation Only
12:00 Poker, F
3:00 Old Artifacts Show & Tell, LR
4:30 Piano with Mike, L

**THURSDAY**

9:30 Fitness Friday, LR
10:00 Yoga/Tai Chi with Yarrow, A
10:30 Wii Bowling, F
11:00 Line Dancing with Mary Jane, A
12:00 Bingo, F
1:00 Sing with Bernie, L
3:00 Holy Name Bus, Front Entrance
5:30 Card Club, F

**FRIDAY**

9:30 Sit & Be Fit, LR
10:30 Bingo and Things Sale, LR
10:30 Encore Creations, F
3:00 Drum Circle, L
5:30 Saturday Night with Mitzi & Michelle, A

**SATURDAY**

**SUNDAY**