

SPINACH SALAD WITH STRAWBERRIES

Honey Mustard dressing (see recipe)

2 bunches spinach, washed, dried and chilled

1 cup thick sliced strawberries

1 Tbsp toasted almonds or sesame seeds

1 small red onion

Mix all ingredients in bowl

HONEY MUSTARD DRESSING:

2 Tbsp balsamic vinegar

2 Tbsp rice vinegar

1 1/2 Tbsp honey

2 tsp Dijon mustard

Salt and pepper to taste

Prepare honey mustard dressing. Remove stems and veins from spinach and tear into bite sized pieces. Place spinach in bowl. Toss spinach with honey mustard dressing until the leaves are coated. Add strawberries, almonds or sesame seeds and onion.

