

EXPERIENCE THE VERY BEST IN MEMORY CARE

The Gardens at The Fountains at Boca Ciega Bay is an extraordinary community where residents and day guests thrive with friendly, encouraging support. Our caregivers receive advanced dementia care training so they know how to bring out the best in every individual. They start by getting to know each resident and day guest personally, recognizing their distinct preferences. They're committed to bringing joy to every moment on every individual's terms. Read on for more information then stop by and see how extraordinary memory care can be.



 **THE FOUNTAINS**
AT BOCA CIEGA BAY



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INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE
SKILLED NURSING AT THE SPRINGS, OPERATED BY SUMMIT CARE INC.



FLORIDA ASSISTED LIVING LICENSE #0083



MEMORY CARE AT THE GARDENS

At The Fountains at Boca Ciega Bay, we provide memory care in a positive, residential environment, full of friendly and familiar faces. With diverse programs designed with memory care in mind, The Gardens creates the right environment for residents to grow and thrive.

Bright, cheerful apartments

Caring, trained nurses available 24 hours per day

Three meals created daily by our talented chefs

Housekeeping, linen and personal laundry services

Transportation services

Diverse wellness plans including a full calendar of classes, activities and outings specially designed for residents with memory care needs, including Watermark University

Residents of our memory care neighborhood even have fun leading Watermark University classes and programs on subjects they love, imparting a deep sense of purpose and accomplishment. This creates a culture of growth, connection and wellness in a way that stereotypical activity programming cannot. We're confident that this culture, along with outstanding care delivered by well-trained associates, is contributing to the increased health and wellness of our residents.

The Gardens private and semiprivate suites are comfortable and bright. A beautifully landscaped secure courtyard has plenty of greenery, palm trees and bird feeders. Residents and family members enjoy visiting in this intimate setting.

Because our caregivers are responsible for all aspects of resident well-being, they interact with residents throughout the day and meaningful relationships are formed. Our associates know how to make breakfast just the way residents like it, and they know if a resident would enjoy making it themselves with a little help. They know if a resident has had a good appetite, how well they've slept, when they last exercised or participated in a new program as well as how they're reacting to a new medication.

The strong relationships that are formed as a result of this style of care, coupled with the intimate setting and diverse memory care programs, add up to a community that is dramatically different.



WATERMARK UNIVERSITY

We know that stimulating the mind and strengthening the body has enormous benefits at any age. That's why, as part of Watermark Retirement Communities®, we offer Watermark University. Our classes are interesting, fun and most are free and open to area seniors. Give us a call to enroll in a class or two.



CARDS FOR SOLDIERS • CENTERPIECE CREATIONS • COOKING DEMO WITH CHEF CATHY ORTANO • FLORAL ARRANGING • HOMETOWN HISTORY
MUSIC AND MOVEMENT • PRETTY POTTED PLANTS • SOAP MAKING • PROJECT PUP • AMOS THE WONDER HORSE



EARL AND VIN'S STORY

Dr. Earl and Lavina (Vin) Lowry met in college, where Earl was studying to become a family physician and Lavina was on her way to becoming a Dietician. They had a small wedding, as Vin recounts, but all the people she needed most were there – including Earl! In the time that Earl delivered almost 400 babies in their small town, they raised three babies of their own and were blessed with many grandkids.

As winter visitors, Earl and Vin took advantage of The Fountains' seasonal rental program. Vin would attend day programming in The Gardens and associates always looked forward to the couple's return. In 2014, their visit turned into a permanent move, with Earl opting for Assisted Living and Vin becoming a full time resident of The Gardens.

Earl visits Vin every day. They spend time together at parties and wherever music is playing. When Earl isn't near, he's never far. Meanwhile, Vin enjoys time in her favorite garden, taking cooking classes or taking strolls by the bay, accompanied by her personal caregiver, with stops for ice cream at our very own Bay Breeze Café. Earl and Vin's story is one of true and everlasting love and we're honored to be a part of it.

Wherever the music is playing, that's where you'll find lovebirds Earl and Vin. From seasonal residents and Care by Day clients, this couple transitioned to full time residents as their needs evolved.



ALICE'S STORY

Alice Nelson was born in Wabay, MI, where she became a high school cheerleader and played French Horn in the marching band. After marrying her high school sweetheart, they traveled a lot, always stopping at every historical landmark. This stay at home mom of three was an award-winning seamstress and a military wife until age 45, when she graduated from college and became an English teacher. After that, she pursued a career in real estate. As her family grew to include three grandchildren and four great grandchildren, Alice played golf five days a week in all 50 states and five countries. Would you believe she's had five holes-in-one?

Today, Alice enjoys gardening and being involved in our cooking club and book club. She has a fabulous sense of humor and keeps everyone laughing. She never fails to brighten our day!



Each of our residents brings their own gifts, and Alice is no exception. As our resident humorist, she fills our halls with laughter and from golfing to gardening, she's a real ace.



CARE BY DAY (AND NIGHT) PROGRAM

Not everyone needs or wants full time residency in a memory care program. Some, like Vin and Earl, start out seeking a part time, respite care program where loved ones living with memory loss can thoroughly enjoy themselves, benefit from stimulating activities and socialize with friends. That's what our **Care by Day** program is all about.

Flexible Schedule

Because every family has different and unique needs, we offer flexible times within a 24 hour range.

Services included in fees

- Delicious meal(s) and healthy snacks while in attendance during meal times
- Dynamic calendar of events designed for mind and body fitness
- Free attendance to outings (as appropriate)
- Access to all of The Fountains at Boca Ciega Bay amenities (i.e. billiards, live entertainment, parties/socials, boat rides, movie theater, etc.)
- Alzheimer's and dementia trained staff on hand 24 hours per day
- Nurse on property 24 hours per day
- Accommodations for resting
- Monthly Alzheimer's Support Group meetings

Care by Day Service Fee* starts at \$45

Individuals may sign up for up to four hours, eight, 12 or 24 or even for a whole month, based on availability.

**The service fee includes programming services and care of incontinence. We ask that families furnish their own incontinence supplies. Please note that medication management, showers, grooming and other such care is not included in the service fee. Please inquire for more details and exact pricing based on individual needs.*